

Small Talk Workbook

WHY MAKE SMALL TALK?

THE TOP FIVE REASONS FOR MAKING SMALL TALK:

WOULD YOU LIKE TO ADD SOMETHING

WHEN AND WITH WHOM?

WHAT DO YOU DO?

WHEN DO YOU MAKE SMALL TALK?

WHO DO YOU MAKE SMALL TALK WITH?

TOPICS

Which topics are good for small talk and which should you avoid?
Sort the topics into good (+) and bad (-) topics.

Are there any you would put in the middle? Why?

*family, the news, your country, religion, clothes, your health, politics, sport,
the weather, food and drink, people you both know, work, the place you're
in, the conference you're attending, your holiday plans, television, weekend
activities, celebrity gossip, social media*

What about other cultures? Can you use the same topics?



STARTING OFF

Make five follow-up questions for these statements

We're going on holiday to Italy this year.

I live in ...

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I haven't been to this trade fair before.

My job involves a lot of travelling.

I'm a freelance trainer.
